

News release



16 October 2008

Planning for Health

Ways of making our towns and cities healthier for their residents will be discussed in the North East next week (Oct 21).

An event aimed at town planners, urban designers and those with a professional interest in creating places and spaces is to be held in Newcastle.

Planning for Health is being organised by the North East Obesogenic Environment Network, which brings together research, practice and the wider community.

Chair Janine Ogilvie said: "We want this event to be the start of a broader way of addressing obesity.

"We need to think about making our buildings and spaces more suitable for physical activity as well as planning for 'active living' and making access to healthy food easier.

"The aim of the workshop is to explore current planning policies and process so we can come up with ideas about how to do this."

About 100 delegates – including 50 planning students - are expected to attend the half-day workshop at Newcastle University's Culture Lab.

The morning will combine a keynote presentation and an interactive workshop from Tim Stonor, Director of Space Syntax.

There will also be an overview of 'Healthier Towns' and play areas from the National Obesity Observatory.

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Note to editors: For further information please contact Janine Ogilvie on 0191 269 5580.



Public Health North East